

MILEAGE TRACKING FORM

TRACK YOUR MILEAGE

From October 1 – 26, 2022, walk, run or bike 26 miles.
Color in one brain for each completed mile.

SHARE!

Show us how you're doing! Don't forget to use **#OneIn26EPI**.



JOIN US TO WALK THE FIRST MILE!

Remember to join us for the first mile on October 1 in Syracuse or October 2 in Rochester. Visit **epiny.org** for more information.



Questions about EPI's **One in 26 Challenge**?
Visit **epiny.org** for frequently asked questions and answers.

